

***I want support,  
what do I do  
next?***

Simply call our centre and a staff member will hear your story, we'll request some details, and link you to a worker or service that suits you.

We respect all people and cultures and can make this pamphlet available in other languages or formats.

Check our website for more details  
[www.telopeafamilysupport.org.au](http://www.telopeafamilysupport.org.au)



Hope Connect Inc acknowledge that we are here today on the land of the Darug people. The Darug people are the Traditional Owners of this land. Hope Connect Inc also acknowledges the present Aboriginal and Torres Strait Islander people, who now reside within this area.



#### **Opening Hours**

Monday - Thursday: **9am to 4pm**

Closed for lunch 12.30 - 1pm

Friday: Closed

#### **Contact Information**

16 Shortland Street, Telopea 2117

Phone: 9638 7955

Email: [admin@tfs.org.au](mailto:admin@tfs.org.au)

Website: [www.telopeafamilysupport.org.au](http://www.telopeafamilysupport.org.au)

Hope Connect Inc. is a not-for-profit incorporated organisation established in Telopea since 1974 as a service of Telopea Church of Christ . Hope Connect Inc. is a welfare partnership of CareWorks NSW and is predominantly supported by FaCS.



***A family support service that is  
here to walk alongside you***



***All families need support at  
some points in life...***

# There are many ways we can support you

## Child, Youth & Family Support Program

**Families & Youth (0-17 years)** *FACS funded*

- Individual support plans
- Advice & support
- Counselling
- Parenting programs
- Information, referral, advocacy and liaison with other services.
- Home and community visits
- Experienced and skilled family case worker to work alongside you, your family and young people

## Intensive Family Preservation Program

*FACS funded & referred*

This program is for families who need a more extensive level of support

- Individual support plans with full time allocated family youth workers
- Advice & support
- Counselling
- Parenting programs
- Information, referral, advocacy and liaison with other services
- Home and community visits
- Experienced and skilled family case worker to work alongside you, your family and young people

## Play n Grow Playgroup (0-4 years)

This is a supported playgroup for parents and carers. Children will have fun with singing, craft, indoor and outdoor play areas. It is a fun environment for the children and a great opportunity to meet other parents and carers in your local area, and hear parenting strategies that may support you along the way.

## Parenting Education Programs

Each term we run parenting groups on topics that are relevant to local families and teens. The sessions are typically 6-8 weeks, practically focused, and aimed at all learning levels. Single session topics are also offered, see the website or contact us for details.

*"Thanks for your feedback, coordinating and organising of such a courageous and inspiring program"*

## Teens Services (12-17 years)

We have a range of opportunities for teens, including counselling, youth work, afternoon groups and school holiday activities.

Elevate is a youth program that runs on Friday nights during school term, for kids in years 5 - 8 at school.

## No Interest Loans Scheme

Loans are available for essential goods and services for up to \$1500, these include whitegoods, homewares, health care and study needs. An appointment is essential and specific paperwork brought along to support your application.



## Material Aid

Practical support is available in the form of food parcels, food vouchers, electricity, gas and water vouchers. An appointment is required.

## The HuB

Run by volunteers and open to members of the community. It has a well equipped workshop and can do maintenance and small projects and DIY. The HuB provides an opportunity to make friendships, repair broken household items, create and learn new skills. Tea, coffee and lunch is provided.

All skill levels catered for.

The HuB runs Wednesdays 9.30am to 2.30pm.